

**National Institute of Mental Health
Constituency Outreach and Education Program
Some Resources on Mental Health and HIV/AIDS
April 12, 2001**

All URLs are functional as of 4/12/01

The following list highlights some easily accessible resources on the subject of mental health and HIV/AIDS. This list was developed with advice from Francine Cournos, MD, Professor of Clinical Psychiatry at Columbia University. While not intended to be all-inclusive, it suggests a number of Web sites and bibliographic resources that may serve as a starting point for those interested in learning more about HIV/AIDS and mental health.

Federal Government Links:

1. The National Institute of Mental Health offers a number of resources on the subject of mental health and HIV/AIDS. The NIMH Fact Sheet, *Human Immunodeficiency Virus (HIV)/Acquired Immunodeficiency Syndrome (AIDS) Research at the NIMH*, provides information on prevention research efforts that target particularly vulnerable groups who are at high risk for both HIV and co-occurring medical conditions that are mediated by health behaviors. AIDS represents a significant public health problem among the seriously mentally ill that requires an integrated behavioral and medical response.
<http://www.nimh.nih.gov/publicat/hivresfact.cfm>

NIMH Fact Sheet: *Depression and HIV*.
<http://www.nimh.nih.gov/publicat/hivdepression.cfm>

NIH News Release: *Landmark Study Shows Behavioral Interventions Reduce HIV-Related Sexual Risk Behavior*, June 18, 1998.
<http://www.nimh.nih.gov/events/prhivrelated.htm>

2. The main Web site of the National Institute of Allergy and Infectious Diseases (NIAID), National Institutes of Health (NIH), provides information about acquired immunodeficiency syndrome. Click on **Research Division** at: <http://www.niaid.nih.gov/>.

Publications and meeting summaries produced by NIAID on the subject of HIV/AIDS can be found at: <http://www.niaid.nih.gov/daids/meetingsum.htm>.

3. The Centers for Disease Control and Prevention (CDC) offers information through its National Center for HIV, STD, and TB Prevention, Division of HIV/AIDS Prevention site. Please refer to Abstract 168 related to mental health and HIV/AIDS: *The Integration of HIV Prevention and HIV Care in a Mental Health Setting: Lessons from Two Studies*.
<http://www.cdc.gov/hiv/conferences/hiv99/abstracts/168.pdf>

4. The U.S. Department of Health and Human Services Minority HIV/AIDS Initiative home page offers links to related programs, services, and information on HIV/AIDS.
http://www.omhrc.gov/omh/aids/aidshome_new.htm

5. The Office of Minority Health, U.S. Department of Health and Human Services, produces a newsletter, *Closing the Gap*. <http://www.omhrc.gov/OMH/sidebar/omh-publications.htm> In the Winter 2001 newsletter edition, "HIV Impact" (second topic from the top of the page), there is an article titled "*Depression, Anxiety, and HIV/AIDS*." This article, which can be found on page 6 of the newsletter, discusses mental health and HIV/AIDS.
6. The Center for Mental Health Services (CMHS) supports HIV/AIDS programs that target prevention, education, and the delivery of quality mental health services to people living with and/or affected by HIV/AIDS. CMHS develops promising models for programs to deliver mental health services to individuals and their families, partners, and health care providers. <http://www.mentalhealth.org/cmhs/HIVAIDS/index.htm>

Knowledge Exchange Network (KEN) a service of CMHS, provides information about mental health for users of mental health services and their families, policymakers, providers, the media, and the public. <http://www.mentalhealth.org/>

Information on a variety of mental health care provider programs regarding education on HIV/AIDS can be accessed at:
<http://www.mentalhealth.org/publications/allpubs/ken95-0019/archive1.htm>.
7. The U.S. Census Bureau offers demographic information about various targeted populations. To find information for your area either (1) click on "State & County Quick Facts" (right column) or (2) click on "Search" (left column) and type the ethnicity of a specific population. <http://www.census.gov/>

Non-Federal Government Links:

8. The Center for AIDS Prevention Studies (CAPS), supported by NIH, conducts rigorous theory-based research that will have maximum impact on the theory, practice, and policy of AIDS prevention. Resources on HIV prevention, demonstration projects, publications, fact sheets, information in Spanish, and much more can be found at:
<http://www.caps.ucsf.edu/mission.html>

CAPS publication site offers Science to Community reports that deal with prevention, mental health, clinical and policy topics; monographs; HIV prevention fact sheets; and a bibliography by category with abstracts. <http://www.caps.ucsf.edu/bibindex.html#bib>
9. HIV InSite offers comprehensive, up-to-date information on HIV/AIDS treatment, prevention, and policy from the University of California, San Francisco. Other programs that can be accessed from this Web site are the AIDS Research Institute, Center for AIDS Prevention Studies, Positive Health Program, and the Veterans Affairs Medical Center. <http://hivinsite.ucsf.edu/>
10. The American Psychiatric Association offers MEDEM, health information for patients and physicians. Click on MEDEM to search for medical information related to HIV/AIDS. <http://www.psych.org/>

"*Background Information and Treatment Recommendations for Patients With HIV/AIDS*" offers a "Summary of Treatment Recommendations" for psychiatric treatment. http://www.psych.org/clin_res/hivaidsforHTML.book-4.cfm

11. The *Journal of the American Medical Association* (JAMA) can be accessed through the American Medical Association's Web site. Its HIV/AIDS Resource Center offers reports, treatment guidelines, and other sources of information.
<http://www.ama-assn.org/special/hiv/hivhome.htm>

Printed Resources:

Cournos F, Forstein M, eds. *New Directions for Mental Health Services: What Mental Health Practitioners Need to Know About HIV and AIDS*. San Francisco: Jossey-Bass, 2000.

*Contact Jossey-Bass for copies of this book at: 1-800-956-7739.

Cost: \$28.00 ID#: 0787914363

Cournos F, Bakalar N, eds. *AIDS & People with Severe Mental Illness: A Handbook for Mental Health Professionals*. New Haven: Yale University Press, 1996.

*Copies can be ordered through the Yale University Press toll-free customer service line at: 1-800-987-7323.

Cost: \$50.00 ID#: 0-300-06757-7

American Psychiatric Association. *Supplement to the American Journal of Psychiatry: Practice Guideline for the Treatment of Patients with HIV/AIDS*. 2000; 57(11).

*Copies can be obtained by calling the American Psychiatric Publishing Group at: 1-800-368-5777.

Cost: \$21.00

Psychiatric Aspects of HIV Infection and AIDS. *Psychiatric Annals*. 2001; 31(1).

*Contact SLACK Incorporated for copies of this journal at: 1-856-848-1000.

Cost: \$29.00

Acuff C, Archambeault J, Greenberg B, Hoeltzel J, McDaniel JS, Meyer P, Packer C, Parga FJ, Pillen MB, Ronhovde A, Saldarriaga M, Smith MJW, Stoff D, Wagner D. *Mental Health Care for People Living With or Affected by HIV/AIDS: A Practical Guide*. North Carolina: Research Triangle Institute, 1999.

*Currently out of print, but being reprinted. Contact Nancy Braxton at: 1-800-334-8571, extension 6357. The copies are free.